

What is claimed:

1. A method for improving skin appearance comprising topically applying to the skin citric acid in a concentration of 20% to 70%.
- 5 2. The method of claim 1 wherein the citric acid is applied in combination with a light treatment.
3. The method of claim 2 wherein the light treatment comprises laser treatment.
4. The method of claim 1 wherein the citric acid is
10 applied in combination with a second topical solution, cream or lotion.
5. The method of claim 1 wherein the citric acid is applied in combination with an abrasive treatment.
6. The method of claim 5 wherein the abrasive
15 treatment is micro-dermabrasion.
7. A method for improving skin appearance comprising topically applying to the skin an alpha-hydroxy acid at a low concentration of 5% to 15% or a partially
20 neutralized alpha-hydroxy acid which is non-irritating to the skin.
8. The method of claim 7 wherein the alpha-hydroxy acid is citric acid.
9. The method of claim 7 wherein the alpha-hydroxy acid is applied in combination with a light treatment.
- 25 10. The method of claim 9 wherein the light

treatment comprises laser treatment.

11. The method of claim 7 wherein the alpha-hydroxy acid is applied in combination with a second topical solution, cream or lotion.

- 5 12. The method of claim 7 wherein the alpha-hydroxy acid is applied in combination with an abrasive treatment.

13. The method of claim 12 wherein the abrasive treatment is micro-dermabrasion.